





## Gluden-Free Brownies

INGREDIENTS	METHOD
¼ cup coconut oil	Preheat oven to 350° F
½ cup creamy unsweetened almond butter	Grease an 8 x 8 baking dish with coconut oil or line with
1 cup blanched almond flour	parchment paper.
6 tablespoons raw cacao powder	Gently melt coconut oil in small pan.
1 teaspoon baking soda	Turn off heat and add the almond butter.
¼ teaspoon sea salt	Mix until smooth.
½ cup organic maple syrup	Set aside to cool.
1 tablespoon organic vanilla extract	Sift the almond flour, cacao powder, baking soda, and salt
2 large eggs	into a medium bowl.
8 oz 85% cacao bar chopped	Pour coconut oil/almond butter mixture into large bowl.
1 cup chopped walnuts	Add maple syrup, vanilla, and eggs.
	Mix with a fork. Do not over mix
	Add dry ingredients to wet ingredients
	Mix well with fork and spatula until evenly combined,
	Scrape down the sides as necessary.
	Fold in the chocolate chips and chopped walnuts
	Spread evenly in the prepared baking dish
	Bake at 350° F for 30 minutes or until sides begin to pull
	away from pan and tester comes out almost dry.
	Cool completely for at least 30 minutes
	Cut and serve
These brownies freeze well. Store in an airti	ght container for up to a month.







LAST BOTTLE OF BURGUNDY

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